# **HealthMate Coast-to-Coast**



7/1/2020

Active Police - CP1

# **Understanding Your Benefits**

#### **Deductibles**

You pay the following amounts each year before your health plan starts to pay toward the cost of covered services:

- \$0 per individual plan;\$0 per family plan in network
- \$100 per individual plan;\$300 per family plan out of network
- Hybrid deductible: All deductible payments count toward the family deductible amount, but the individual will never pay more than their individual deductible amount.

#### **Out-of-pocket Limits**

The following is the maximum amount you would pay out-of-pocket for covered healthcare services each year, including deductible, copays, and coinsurance.

- \$4,000 per individual plan; \$8,000 per family plan in-network
- \$6,350 per individual plan;\$12,700 per family plan out-of-network
- Hybrid out-of-pocket: All out-of-pocket payments count toward the family out-of-pocket limit. The individual will never pay more than their individual out-of-pocket amount.

#### Please note:

The deductible and out-of-pocket limits are separate for in-network and out-of-network services.

#### Network:

Extensive national network, with access to thousands of providers across the country.

What's Covered	What You Pay	
Service	In-Network	Out-of-Network
Preventive Care  Adult preventive care Child preventive care	\$0 per visit	\$15 plus 20% per visit after deductible
<ul><li>Immunizations</li><li>Preventive lab, X-ray, and imaging</li></ul>	\$0 per visit	20% per visit after deductible
Primary Care Office Visits  Adult primary care Adult gynecological exam Pediatric primary care	\$15 per visit	\$15 plus 20% per visit after deductible
<ul> <li>Specialist Office Visits</li> <li>Specialty care</li> <li>Chiropractic (limit 12 visits per year)</li> <li>Routine eye exam (limit 1 visit per year)</li> </ul>	\$20 per visit	\$20 plus 20% per visit after deductible
<ul> <li>Outpatient Services</li> <li>Diagnostic lab, x-ray, and imaging</li> <li>High-end radiology (e.g., MRI/CT/PET), nuclear medicine, and sleep studies</li> </ul>	0% per visit	20% per visit after deductible
Medical/surgical care	0% per visit	\$200 plus 20% per visit after deductible
Inpatient Services  Hospitalization  Maternity  Mental Health  Chemical dependency  Rehabilitation (limit 45 days per year)	0% per visit	\$200 plus 20% per visit

MHM02287 continued

## Registering Online

- Go to BCBSRI.com
- Click on "Log In to My Account", then click "Register now"
- Follow the registration instructions provided

#### Access Your Benefits:

- Get a list of your benefits and recent claims.
- See how much you've paid toward your deductible and out of pocket maximum.
- Check out our cost and quality tools.
- Find the member handbook to learn what to expect from BCBSRI.

#### Mobile Access:

### Your Blue Touch RI - Mobile App

- Employees can see health benefits and remaining deductible and out-ofpocket amounts, search for doctors and other providers, and much more.
- Download the app from the Apple or Google app store (iOS® is a registered trademark of Cisco in the U.S. and is used by Apple under license. Android is a trademark of Google Inc).

### Your Blue Wire RI - Text Messages

- Members can receive secure personalized messages on their mobile devices, like reminders about flu shots and important tests; money-saving tips; benefit updates, and more.
- Call 1-844-779-8820 to sign up

# **Need Help?**

#### **Call Customer Service**

- Locally: (401) 459-5000
- Outside Rhode Island: 1-800-639-2227
- TTY/TDD (Telecommunication Device for the Deaf) Users should call 711

#### Hours:

Monday – Friday, 8:00 a.m. to 8:00 p.m., Saturday – Sunday, 8:00 a.m. to 12 p.m., Eastern Time

What's Covered	What You Pay	
Service	In-Network	Out-of-Network
Hospital Emergency Services	\$100 per visit	\$100 per visit
Urgent Care	\$20 per visit	\$20 plus 20% per visit after deductible
Telemedicine Visits	\$7.50 per visit	Not Covered
Ambulance • Ground	\$50 per occurrence	\$50 per occurrence
<ul><li>Air/Water</li></ul>	\$50 per occurrence	\$50 per occurrence
<ul> <li>Durable Medical Equipment</li> <li>Medical supplies</li> <li>Diabetic supplies</li> <li>Prosthetic devices</li> </ul>	20% per service/device	20% per service/per device after deductible
Physical, Occupational, and Speech Therapy	20% per visit	20% per visit after deductible

