

Carelon Wellbeing

Support for better living

No issue is too big or too small. Receive no-cost confidential assistance today.

Counseling

Schedule an appointment with a licensed counselor. Help is available online or in-person at times that work for you. You and your household members each receive **3** visits per issue per year.

Legal and financial services

Connect with legal and financial experts for free, private consultations on real estate, financial advice, family law, investing, and planning for the future.

Support for work-life balance

Access resources and receive referrals to help with child and elder care, education, consumer resources, home maintenance, pet care, and daily living.

Digital resources

Get started today by visiting the Carelon Wellbeing website to explore available services, find counselors, and request appointments. You can also read, watch, and listen to well-being content provided by our partners at CredibleMind.



Reach out at any time — help is available 24/7.

Call: 833-556-7768

Chat:

carelonwellbeing.com/cityofprovidence



MAYOR BRETT P. SMILEY
CITY OF PROVIDENCE